

NSS UNIT ORGANISED EVENT ON SUICIDE PREVENTION ON 06/09/2023

Name of the event: Suicide Prevention Skit

Type of hour: campus

Date: 6th September, 2023

Venue: Sophia College, Canteen extension

Time: 11 am to 12:00 noon

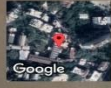
Number of volunteers: 9

Number of beneficiaries: 350

A brief report of the event:

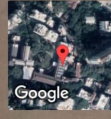
The NSS Unit of Sophia College in collaboration with the Mpower Foundation performed a skit on suicide prevention on 6th of September 2023 from 11:00am to 12:00noon in the canteen extension of Sophia College. Two members from the Mpower Foundation, Mr. Ranveer Deokar and Mr. Balaji Golekar came to distribute the props which included 2 standees, t-shirts, doctor coats, etc., and witnessed the emotional and informational skit prepared by the NSS Volunteers. NSS coordinator, Dr Vaishali Pachunde was also present throughout the event to support and motivate the Volunteers. The skit started with a song to grab Students' attention and moved on to the mental health problems and suffering faced by the people that forced them to commit suicide. At the end of the skit, the crucial message was given to people to normalize conversations around mental health. 7 volunteers from the NSS unit of Sophia College practiced diligently for two weeks to prepare and perform the skit. Students in the canteen area appreciated the efforts put forth by the NSS Volunteers. Overall the event achieved what it was aiming for, spreading awareness by grabbing people's attention making it a great success.

Beneficiaries' response: It was well organized and very impactful. Everyone was friendly and supportive. It was a rollercoaster of emotions. Gave an insight on how to deal with stressful situations.



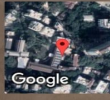
Mumbai, Maharashtra, India
 XR95+W4C Science Building, SOPHIA COLLEGE, Sophia College Dr,
 Cumballa Hill, Mumbai, Maharashtra 400026, India
 Lat 18.969706°
 Long 72.80773°
 06/09/23 11:27 AM GMT +05:30

GPS Map Camera



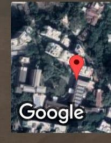
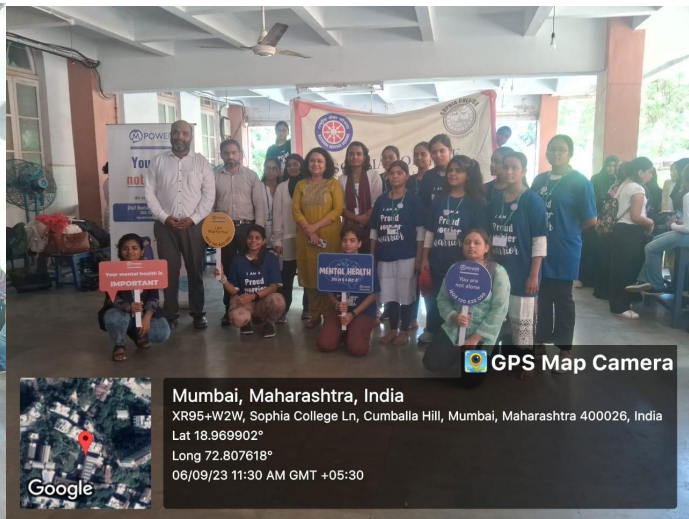
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 XR95+W4C Science Building, SOPHIA COLLEGE, Sophia College Dr,
 Cumballa Hill, Mumbai, Maharashtra 400026, India
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 Cumballa Hill, Mumbai, Maharashtra 400026, India
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